



# INFANTS

## Infant Schedule

| Time           | Description                                                                                                                                                                                                                            |
|----------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 6:30-8:00 AM   | Arrival of Infants; Greetings Feedings- AM snack, diapering, arrangement of personal items; organization of formula and medicines                                                                                                      |
| 8:00-9:00 AM   | Continue Feedings and diaperings for late arrivals.<br>Free choice and teacher-directed activities.                                                                                                                                    |
| 9:00-9:30 AM   | Preparation for outside play. Outside play or vigorous activities inside.                                                                                                                                                              |
| 9:30-9:45 AM   | Preparation for quiet time/clean-up/water or juice and diaper changes.                                                                                                                                                                 |
| 9:45-10:30 AM  | Quiet Time (naps for those who desire) Continuation of free choice and teacher-directed activities for those awake.                                                                                                                    |
| 10:30-11:45 AM | Preparation for various types of feeding; diaper changing; washing hands.<br>Free choice for those who have finished eating.                                                                                                           |
| 11:45-2:15 PM  | Quiet Time (naps for those who desire) continuation of free choice and teacher-directed activities for those who are awake.<br>Room clean up- washing of toys, etc.                                                                    |
| 2:15-3:00 PM   | Children waking up; diaper changing/snack time. Vigorous play.<br>Organizing children's possessions to be taken home. Checking of charts.<br>Free choice activities. Preparation for outdoor play or vigorous indoor play.             |
| 3:00-5:30 PM   | Preparation for departures - diapering, changing of clothes if needed, offering of water. Outdoor play/vigorous indoor activities.<br>Continuation of free choice and teacher directed activities.<br>Beginning of arrival of parents. |